

Question Paper

Exam Date & Time: 02-Jul-2022 (10:00 AM - 12:00 PM)



MANIPAL ACADEMY OF HIGHER EDUCATION

SECOND SEMESTER M.Sc. EXERCISE AND SPORTS SCIENCES DEGREE EXAMINATION - JUNE/JULY 2022
SUBJECT: ESS5203 - ESSENTIALS OF PERFORMANCE ANALYSIS
(2021 SCHEME)

Marks: 50

Duration: 120 mins.

Answer all the questions.

- 1) Define notational analysis. What is the role of augmented feedback in coaching? Explain the process of performance analysis. What levels of feedback is required for sports performance? (20)
(2+5+8+5 = 20 marks)
- 2A) What is data visualization? Discuss FOUR traditional data visualization techniques. (10)
(2+8 = 10 marks)
- 2B) Explain Any TWO applications of performance analysis in sports coaching. (10)
- 3A) Discuss the strengths and weaknesses of qualitative analysis. (5)
- 3B) Describe the 4-stage process for performance profiling in sports. (5)

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