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# MANIPAL ACADEMY OF HIGHER EDUCATION

(Deemed University)

# MBBS PHASE I, STAGE I DEGREE EXAMINATION – AUGUST 2005

SUBJECT: PHYSIOLOGY - I (ESSAY)

Tuesday, August 16, 2005

Time: 2 Hours

Max. Marks: 60

- Answer ALL questions.
- Write brief, relevant and legible answers.
- Draw diagram, flow charts wherever appropriate.
- 1. A professor of physiology was explaining the importance of reflexes in diagnosing various neurological diseases for the first year medical graduates. He brought three patients with different neurological disorders and demonstrated knee jerk in each of these patients. He also called a student to come forward and elicited the knee jerk in him and demonstrated the students how a normal response would look like. Students were surprised to see three different types of responses in three patients. First patient showed an exaggerated jerk, the second showed a pendular jerk while the third showed no response at all. The professor explained the physiology of the knee jerk and the cause for the changes in responses in each of the patients. Students were thrilled by the explanation.
- 1A. Draw and label the neural circuit of the reflex elicited by the professor. Name this reflex.
- 1B. Mention one clinical condition for each of the above patients.
- 1C. What are the explanations (physiological basis) given by the professor for the change in the responses observed in each of the above three patients?

 $(2\frac{1}{2}+1\frac{1}{2}+3=7 \text{ marks})$ 

- Describe the regulation of testicular function in the form of a flow chart.
- 2B. Give the physiological basis for the following:
  - 5α-reductase deficiency causes male pseudohermaphroditism.
  - Hypogonadic males are mildly anaemic.
  - iii) Removal of the ovaries during first three months of pregnancy leads to abortion.

(3+3 = 6 marks)

- Discuss oxygen transport under the following headings:
- 3A. Forms of transport.
- Labelled graph of oxygen-haemoglobin dissociation curve and explain the significance of steep and flat portions in the graph.
- 3C. List two factors that shift oxygen-haemoglobin dissociation curve to the right.

(1+4+1 = 6 marks)

A normal person is asked to drink one litre of plain water. Describe the physiological changes
that occur in his body fluid compartments. Explain how kidneys deal with the disturbance to
maintain the homeostasis.

(2+3 = 5 marks)

- 5A. Draw a labelled graph of the ventricular action potential. Give ionic basis for each of the phases.
- 5B. Give the physiological basis for the following:
  - i) Cardiac muscle cannot be tetanised.
  - ii) In polycythemia, diastolic blood pressure increases.

(3+2 = 5 marks)

- 6. A 25 year old woman consulted her physician with complaints of sleepiness, constipation, cold intolerance, irregular menstrual cycles and weight gain in spite of loss of appetite. On examination the patient appeared puffy with swollen face, limbs and trunk. She had a non pitting type of oedema. Her heart rate was found to be 46 per minute; her blood pressure was recorded to be 90/60 mmHg. Her plasma cholesterol was very high. Her basal metabolic rate was estimated to be 24 Kcals/Kg/M².
- 6A. Name the clinical condition and mention the endocrine disorder in the patient.
- 6B. Give the physiological basis for any three clinical features in the above patient.
- 6C. What test can be done to evaluate the functioning of the endocrine gland that has been affected in the patient?

(1+3+1 = 5 marks)

7. Define a motor unit. Explain how motor unit recruitment increases the force of contraction in a skeletal muscle. How do you demonstrate motor unit recruitment by recording EMG?

(1+3+1 = 5 marks)

- A child with prolonged bleeding tendency was brought to the paediatrician when he sustained
  an injury while playing. Tests for haemostasis revealed normal clotting mechanisms.
  Paediatrician counselled the parents and treated the child symptomatically.
- 8A. List any two possible causes for the prolonged bleeding tendency in the child. Give physiological basis for each one.
- 8B. Name one laboratory test that would have helped the paediatrician to diagnose the above abnormality.

(4+1 = 5 marks)

- 9A. With the help of a diagram, describe the mechanism of hydrochloric acid secretion by stomach.
- 9B. Name any two gastrointestinal hormones. Mention one action of each of them.

(3+2 = 5 marks)

- 10. An elderly patient was brought to the neurological outpatient when he was not able to balance himself. The patient was not able to balance himself when he closes his eyes. The clinical examination revealed no abnormalities of cerebellar and vestibular functions. Romberg's sign was positive. Sensory examination revealed loss of sense of proprioception in both the lower limbs. Patient was not able to sense the position of his lower limbs at various joints. The same sensations as well as other sensations in his upper limbs were normal. Motor system examination showed no abnormalities.
- 10A. Draw and label the pathway that could have damaged in the above patient from the receptor till cortex.
- 10B. What could be the level of lesion? Justify your answer.

(3+1 = 4 marks)

- 11. Examination of a patient for visceral reflexes showed bilateral loss of light reflexes, both direct and indirect with normal response for accommodation reflex.
- 11A. Name the above clinical condition.
- 11B. Where could be the possible lesion?
- 11C. Trace the neural pathway for the defective reflex in the above patient.

(1+1+2=4 marks)

 List any three differences between the functioning of sympathetic and parasympathetic systems.

(3 marks)



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# MANIPAL ACADEMY OF HIGHER EDUCATION

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# MBBS PHASE I STAGE I DEGREE EXAMINATION - AUGUST 2005

SUBJECT: PHYSIOLOGY - II (MCQs)

Tuesday, August 16, 2005

Time: 1 Hour Max. Marks: 120

#### INSTRUCTIONS

- 1. For each statement, select T (True) or F (False) as your choice.
- 2. Indicate your choice by darkening the appropriate circle in the answer sheet provided.
- 3. Use only HB or 2B pencils to darken the circle.
- 4. Leave blank for Don't Know response.
- 5. Scoring systems is as follows:

For every Correct response 1 mark is awarded

For every Wrong response 0.5 mark is deducted

For every Don't' Know response No mark is deducted

- 6. Indicate your roll number (Registration Number) clearly and correctly.
- 7. Do not write anything in the question paper.
- 8. The true/false statements are numbered 101 to 160 and 201 to 260 (Total 120 statements).
- This question paper contains 03 pages. Please make sure that the question paper provided to you has all the pages.

### Functions of the hypothalamus include

- 101. Control of body temperature
- 102. Regulation of water intake
- 103. Regulation of acid-base balance
- 104. Synthesis of anterior pituitary hormones

## Sensations carried by the spinothalamic tract in the spinal cord include

- 105. Crude touch
- 106. Temperature
- 107. Proprioception
- 108. Stereognosis

#### In Parkinson's disease

- 109. The lesion is in the nigro-striatal pathway
- 110. There is decrease in the neurotransmitter, acetylcholine
- 111. There is hypotonia
- 112. There is intentional tremor

#### Functions of the limbic system include

- 113. Coordination of movements
- 114. Learning and memory
- 115. Emotional exteriorization

#### Middle ear

- 116. Is filled with fluid
- Is separated from the external auditory canal by basilar membrane
- 118. Is responsible for impedance matching
- Amplifies the pressure of the sound waves which it transmits to the inner ear

#### Regarding optics of vision

- The cornea contributes maximum refractory power in the eye than lens
- 121. Astigmatism is corrected by a biconvex lens
- 122. Far point of an emmetropic eye is infinite
- Nodal point in a normal reduced eye is located on the retina

# Regarding deglutition

- 124. There is temporary cessation of breathing
- 125. Its center is located in the spinal cord
- The upper oesophageal sphincter (UES) is made up of smooth muscles
- 127. When lower oesophageal sphincter (LES) remains relaxed, heart burn occurs

### Basal electrical rhythm (BER)

- 128. Is an action potential
- Has a lower frequency in stomach than in small intestine
- 130. Is affected by neurohumoral factors
- Is due to a rhythmic change in sodium pump activity

### Regarding defecation reflex

- 132. It is induced by distention of rectum
- 133. Its center is located in the spinal cord
- It is characterized by contraction of internal anal sphincter

### Regarding renal circulation

- 135. Average renal blood flow is about 600 ml/min
- Renal medulla receives higher blood flow than renal cortex
- 137. Renal blood flow is autoregulated
- Blood flow through the vasa recta in the renal medulla is slow

### Regarding micturition

- People with paralyzed diaphragm and abdominal muscles fail to micturate
- First urge to micturate occurs when urinary bladder has more than 200 ml of urine
- When sensory nerve fibers from urinary bladder are interrupted it results in atonic bladder.
- Centers for micturition are located in spinal cord, medulla and cortex

#### Cortisol

- 143. Has permissive effect
- 144. Is secreted by posterior pituitary
- 145. In excess leads to a condition called acromegaly
- Has anti-inflammatory effect in physiological doses
- 147. Secretion follows diurnal rhythm

#### Growth hormone

- 148. Decreases protein synthesis
- 149. Inhibits cell division
- 150. Is secreted by anterior pituitary
- Effect on cartilage is mediated via insulin-like growth factors
- In excess in adults leads to a condition called Cushing's syndrome

### Parathyroid hormone

- 153. In excess leads to muscle spasm
- 154. Secretion increases in response to decreased plasma calcium level
- 155. Inhibits bone resorption
- Increases reabsorption of calcium in the distal convoluted tubule

#### Corpus luteum

- 157. Is formed before ovulation
- 158. Secretes progesterone alone
- 159. Has a life span of 10 to 14 days in a nonpregnant woman
- Undergoes atrophy due to withdrawal of luteinizing hormone (LH) support

### Patient with Turner's syndrome

- 201. Has only one 'X' sex chomosome
- 202. Has well developed ovaries
- 203. Is usually short statured

### Active transport

- 204. Occurs along a concentration gradient
- 205. Utilizes energy
- 206. Of sodium-potassium is inhibited by digitalis

#### Action potential

- 207. Has no threshold
- 208. Is conducted decrementally
- 209. Occurs only in muscles and neurons
- 210. Is normally a hyperpolarizing potential

# Factors promoting heat loss include

- 211. Shivering
- 212. Exercise
- 213. Cutaneous vasodilation
- 214. Faster movement of air around the body

#### Smooth muscles

- Have an unstable resting membrane potential (RMP)
- Present in the ciliary muscles of the eye are of multiunit type
- 217. Are supplied by somatic nervous system

#### Red muscle fibers

- 218. Fatigue quickly
- 219. Are ideally suited for sustained contraction

#### Erythroblastosis foetalis

- Occurs when a Rh positive mother conceives a Rh negative foetus
- Is characterized by hemolysis of the maternal red blood cells
- Can be prevented by giving the mother anti-Rh antibodies during pregnancy
- Is treated by giving exchange transfusion of Rh negative blood to the baby

# Regarding white blood cells

- 224. Neutrophils are phagocytic in nature
- Eosinophil count in blood decreases during allergic conditions
- 226. Monocytes produce heparin
- Lymphocytes when converted into mast cells start producing immunoglobulin

### Regarding plasma proteins

- 228. Albumin helps for blood coagulation
- 229. Their level decreases in dehydration
- Of all, fibrinogen contributes maximum to blood viscosity

### Regarding cardiac cycle

- 231. Normally, systole lasts longer than diastole
- Left ventricle generates a peak pressure of about 120 mmHg during systole
- Volume of blood that remains in the ventricle at the end of diastole is about 40 ml
- Both semilunar and atrioventricular valves are open during isometric relaxation phase

### Coronary blood flow

- 235. Is about 250 ml/min
- 236. Increases during systole than during diastole
- Increases following sympathetic nerve stimulation
- Is decreased by accumulation of metabolites in the myocardial interstitial fluid

# Regarding conduction system of heart

- 239. Purkinje fibers are fastest conducting fibers
- Cardiac impulse normally originates from AV node
- 241. There is an AV delay
- 242. Rate of discharge of SA node determines the heart rate

#### First heart sound

- 243. Is produced due to closure of semilunar valves
- Has a shorter duration than that of the second heart sound
- 245. Is heard better over aortic and pulmonary areas
- 246. Has a lower frequency than that of the second heart sound

#### Cardiac output depends on the

- 247. Myocardial contractility
- 248. Heart rate

## Airway resistance

- 249. Is greatest in the medium sized airways
- 250. Is lower during inspiration than expiration
- 251. Increases when the lungs expand
- 252. Decreases on parasympathetic stimulation

#### Regarding carbon dioxide transport

- 253. Major form of transport is bicarbonate form
- Effect of P<sub>O2</sub> on carbon dioxide transport is called Bohr's effect
- Partial pressure of CO<sub>2</sub> in venous blood is about 30 mmHg
- Carbon dioxide binds to the hemoglobin forming carbamino compound

## Pulmonary surfactant

- 257. Is secreted by type II alveolar cells
- 258. Increases the surface tension in the alveoli
- Deficiency leads to respiratory distress syndrome in adults
- 260. Decreases the distension of lungs

