

Question Paper

Exam Date & Time: 18-Jun-2024 (10:00 AM - 01:00 PM)



MANIPAL ACADEMY OF HIGHER EDUCATION

FIFTH SEMESTER B.Sc (PSYCHOLOGY) DEGREE EXAMINATION-JUNE 2024
SUBJECT: PSY3101- COUNSELLING PSYCHOLOGY
(SCHEME 2020)

Marks: 100

Duration: 180 mins.

Answer all the questions.

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| 1) | Elaborate on the usefulness, merits and demerits of using autobiographies and anecdotal records in counseling. | (20) |
| 2) | Explain transference as a barrier in Counselling | (20) |
| 3) | Discuss the personal qualities required to be an effective counsellor | (10) |
| 4) | Explain the core aspects and strategies of Ivey's model of counselling. | (10) |
| 5A) | Discuss premarital counselling | (5) |
| 5B) | Explain the current status of counselling | (5) |
| 5C) | Describe the meaning of silence in counselling | (5) |
| 5D) | Explain the principles of gestalt approach to counseling. | (5) |
| 5E) | List the signs of countertransference | (5) |
| 5F) | Explain stage II of counselling | (5) |
| 6A) | Nonmaleficence | (2) |
| 6B) | Group counselling | (2) |
| 6C) | Contribution of Frank Parsons | (2) |
| 6D) | Prediction and Post diction of outcomes | (2) |
| 6E) | Conditions of worth | (2) |

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Question Paper

Exam Date & Time: 19-Jun-2024 (10:00 AM - 01:00 PM)



MANIPAL ACADEMY OF HIGHER EDUCATION

FIFTH SEMESTER B.Sc (PSYCHOLOGY) DEGREE EXAMINATION-JUNE 2024
SUBJECT: PSY3102- HEALTH PSYCHOLOGY
(SCHEME 2020)

Marks: 100

Duration: 180 mins.

Answer all the questions.

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| 1) | Summarize bio psychosocial aspect and various measurements of stress | (20) |
| 2) | Explain the role of psycho-social factors in pain perception | (20) |
| 3) | Explain significance of health psychology | (10) |
| 4) | Explain the psychological impact of cardiovascular diseases | (10) |
| 5A) | Outline health compromising behavior | (5) |
| 5B) | Explain cognitive behavioral approach to health enhancement | (5) |
| 5C) | Write a brief account on psychological management of chronic Pain | (5) |
| 5D) | Explain effect of stress on immunity | (5) |
| 5E) | Explain the goals of health psychology | (5) |
| 5F) | Summarize patient-practitioner relationship | (5) |
| 6A) | Health Belief model | (2) |
| 6B) | Angina | (2) |
| 6C) | Primary prevention | (2) |
| 6D) | Impact of stress on cognition | (2) |
| 6E) | Social model of health psychology | (2) |

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