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MANIPAL UNIVERSITY

SECOND TERM B.P.T. (BRIDGE PROGRAM) EXAMINATION – SEPTEMBER 2011 SUBJECT: COMMUNITY PHYSIOTHERAPY

Monday, September 12, 2011

Time: 10:00 - 13:00 Hrs.

Max. Marks: 80

Answer ALL the questions.

1. Essay Questions:

1A. Describe in detail the role of physiotherapist in the evaluation and management of elderly people living in community.

(5+5 = 10 marks)

1B. Define ergonomics. Discuss in detail about its principles. Mention the components of ergonomic evaluation.

(2+5+3 = 10 marks)

2. Short Notes:

- 2A. Discuss about barriers and steps involved in modification of architectural barriers.
- 2B. Write in brief about any FIVE principles of CBR.
- 2C. Discuss about any FIVE stochastic theories of aging.
- 2D. Discuss about work hardening and conditioning.
- 2E. Physiotherapy in postnatal complications.
- 2F. Discuss about risk factors for Work related musculoskeletal disorders.
- 2G. Principles of rehabilitation of soft tissue injuries in sports.
- 2H. Discuss about neck and back care in sedentary occupational lifestyle.

 $(5 \times 8 = 40 \text{ marks})$

3. Brief Answers:

- 3A. Define CBR.
- 3B. Mention any two agencies involved in CBR for physically disabled.
- 3C. Define disability.
- 3D. Mention any two engineering controls for the management of WRMSDs.
- 3E. Mention any two central nervous system changes associated with aging.
- 3F. Mention any two merits and demerits of institution for aged.
- 3G. Mention Kessler's formula.
- 3H. Define early intervention.
- 31. Mention domains of ICF.
- 3J. Mention any two health promotion advices for people with diabetes.

 $(2 \times 10 = 20 \text{ marks})$



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SECOND TERM B.P.T. (BRIDGE PROGRAM) EXAMINATION – SEPTEMBER 2011 SUBJECT: FUNCTIONAL DIAGNOSIS (ELECTRODIAGNOSIS AND EXERCISE PHYSIOLOGY)

Tuesday, September 13, 2011

Time: 10:00 - 13:00 Hrs.

Max. Marks: 80

Answer ALL the questions.

1. Essay Questions:

1A. Explain the factors affecting nerve conduction studies. Explain the procedure for measuring motor nerve conduction velocity of ulnar nerve.

(4+6 = 10 marks)

1B. In detail describe the response of an acute bout of exercise on the cardiopulmonary and thermoregulatory systems.

(6+4 = 10 marks)

2. Short Notes:

- 2A. Explain normal motor unit potential.
- 2B. Compare the strength duration curve characteristics of a partially denervated and a completely denervated muscle.
- 2C. Discuss H-reflex in detail.
- 2D. What is EMG Biofeedback? Explain the advantages and indications for the same.
- 2E. What is fatigue? What are its causes?
- 2F. What are the complications of bed rest?
- 2G. What are the guidelines for prescribing exercises for a pregnant lady?
- 2H. Briefly describe how you will measure energy expenditure.

 $(5 \times 8 = 40 \text{ marks})$

3. Brief Answers:

- 3A. Draw and label a reflex arc.
- 3B. What is antidromic condition?
- 3C. Mention the types of needle electrodes.
- 3D. What is F-wave?
- 3E. Mention the types of peripheral nerve injuries.
- 3F. Define anaerobic threshold.
- 3G. Name any two ergogenic aids.
- 3H. Mention two tests to assess endurance.
- 3I. Highlight any two changes that occur with exercise at high altitude.
- 3J. What are the principles of exercise training?

 $(2 \times 10 = 20 \text{ marks})$

