

**MANIPAL UNIVERSITY****THIRD YEAR B.Sc. R.T. DEGREE EXAMINATION – DECEMBER 2014****SUBJECT: PSYCHOLOGY  
(2010 SCHEME)**

Wednesday, December 17, 2014

Time: 10:00-13:00 Hrs.

Max Marks: 80

**1. Choose the single best answer:**

1A. Which of the following is a projective test for assessing personality?

- i) 16 PF test    ii) MMPI  
iii) Rorschach Ink Blot Test    iv) WAIS

1B. Attempt to eliminate the source of a stress or to reduce the impact through one's own action is called

- i) Problem focused coping    ii) Resistance  
iii) Resilience    iv) Emotion focused coping

1C. Which among the following is not a behavior therapy technique?

- i) Time-out    ii) Empathy  
iii) Chaining    iv) Punishment

1D. Repeated intrusive and irrational thoughts and behaviours are characteristics of \_\_\_\_\_

- i) Dissociative disorder    ii) Generalized anxiety disorder  
iii) Panic Disorder    iv) OCD

1E. Client centered therapy was proposed by \_\_\_\_\_

- i) Rogers    ii) Freud  
iii) Beck    iv) Adler

(1 mark × 5 = 5 marks)

**2. Write definitions on any FIVE of the following:**

- 2A. Clinical Psychology  
2B. Rehabilitation  
2C. Personality  
2D. Schizophrenia  
2E. Modelling  
2F. Bereavement  
2G. Stress

(3 marks × 5 = 15 marks)

3. **Write short notes on any SIX of the following:**

- 3A. Concept of normality
- 3B. Clinical features of depression
- 3C. Issues related to euthanasia
- 3D. Techniques in supportive therapy
- 3E. General guidelines of group therapy
- 3F. Pharmacological management of psychiatric conditions
- 3G. Requirement of classificatory systems of mental disorders
- 3H. Assessment of personality
- 3I. Effects of stress

(5 marks  $\times$  6 = 30 marks)

4. **Write essay on any TWO of the following:**

- 4A. Explain in detail any three methods in Clinical Psychology.
- 4B. Write notes on any six techniques in behaviour therapy.
- 4C. Write an essay on counselling as a method of psychological intervention.

(15 marks  $\times$  2 = 30 marks)

